
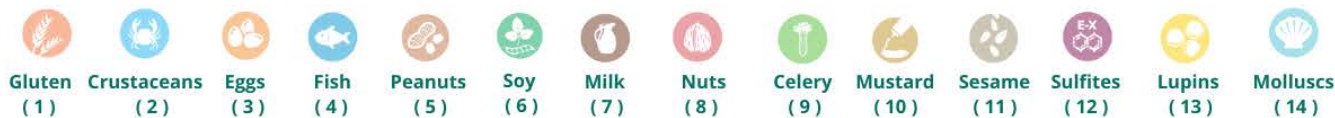
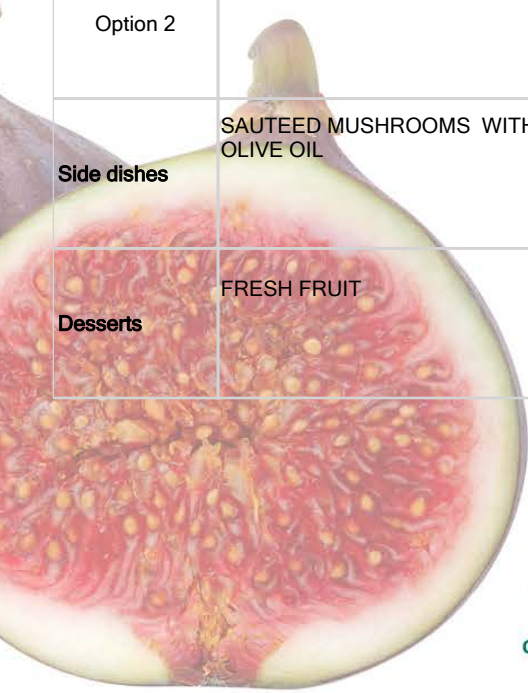











	<b>Monday</b> DAY 19	<b>Tuesday</b> DAY 20	<b>Wednesday</b> DAY 21	<b>Thursday</b> DAY 22	<b>Friday</b> DAY 23
<b>First</b>	ZUCCHINI CREAM	SAUTEED RICE ( sweet corn, pepper, peas and carrot) 	LENTILS & QUINOA STEW 	RAVIOLIS IN NAPOLITANA SAUCE ( 1, 2, 3, 4, 6, 7, 8, 9 )	BOILED BROCCOLI AND POTATOES
Option 2	BOILED GREEN BEANS AND POTATOES	SAUTEED NOODLES WITH VEGETABLES ( 1, 6 )	SOPA FRÍA DE MELÓN ( 7 )	BOILED MIXED VEGETABLES	VEGETABLE LASAGNA (au gratin with bechamel) ( 1, 3, 7 )
<b>Second</b>	MEATBALLS WITH ONION AND CINNAMON SAUCE ( 12 )	CHICKEN IN TERIYAKI SAUCE ( 1, 6 )	"ANDALUSIAN" HAKE (Fried with flour) ( 1, 4 )	CHEESE OMELLETE ( 3, 7 )	TURKEY STEW ( 12 )
Option 2	GRILLED COD ( 1, 4 )	GYOZAS (Vegetable and chicken pie) ( 1, 3, 6, 7, 11, 14 )	PORK LOIN STEW ( 1, 9, 12 )	CODFISH CROQUETTES ( 1, 2, 3, 4, 6, 7, 8, 9, 10, 14 )	GRILLED BEEF BURGUER ( 12 )
<b>Side dishes</b>	SAUTEED MUSHROOMS WITH OLIVE OIL	CARROT STICKS IN TEMPURE ( 1, 3, 7 )	SEASONED TOMATO	FRESH SALAD	SAUTEED PEAS ( 7 )
<b>Desserts</b>	FRESH FRUIT	VANILLA AND CHOCOLATE ICE CREAM ( 6, 7 )	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT



	Monday DAY 26	Tuesday DAY 27	Wednesday DAY 28	Thursday DAY 29	Friday DAY 30
First		RICE WITH HOMEMADE TOMATO SAUCE 	SALAD WITH PASTA ( 1, 4, 12 ) 	SAUTED CHICKPEAS & VEGETABLES (onion, garlic, green and red pepper and tomato)	PUMPKIN CREAM (potatoes and onion)
Option 2		LENTIL SALAD (tuna, black olives, carrot and tomato) ( 4 ) 	MACARONI IN CARBONARA SAUCE (cream and bacon) ( 1, 7 ) 	CAULIFLOWER AU GRATIN WITH "BECHAMEL" SAUCE AND CHEESE ( 1, 3, 6, 7 )	MAC & CHEESE (pasta au gratin with cheese) ( 1, 3, 7 ) 
Second	HOLIDAY		SCRAMBLED EGGS WITH HAM ( 3, 6, 7, 9, 12 )	GRATINATED CODFISH WITH APPLE "ALL I OLI" ( 1, 3, 4 )	GRILLED PORK SAUSAGES ( 12 )
Option 2			TUNA PATTIES ( 1, 2, 3, 4, 6, 7, 9, 14 )	PORK CHOPS WITH HONEY SAUCE (optional)	MONKFISH IN TEMPURA ( 1, 2, 3, 4, 7 )
Side dishes		LETTUCE, CARROT AND TOMATO SALAD	GRILLED COURGETTE	CHIPS	BOILED RICE
Desserts		CHOCOLATE CUSTARD ( 7 )	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT

